

Workbook

2



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Relevant Engaging Achievable Learning





























Workbook

2

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REAL GOALS Collaborative tasks

PROJECTS

REVIEWS

SPEAKING 		WRITING 		CULTURE 		REAL GOALS 	
› Activities › School subjects		› <i>can</i> and <i>can't</i> › <i>have got</i>		› Introductions			
› Skill: Making and responding to suggestions › Functional language: Making to suggestions; Responding		› A film review › Skill: Writing a review of a film you like › Functional language: Reviewing a film › Tip: Writing a conclusion		› <i>The World of Wallace and Gromit</i> › Word Power: Sequence adverbs  COMPARE CULTURES		 3.4 Promote mental health and well-being Learning situation → A poster on healthy attitudes to fame and beauty  GET CREATIVE Mediation: Collaborating to construct meaning	
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› Skill: Asking for and offering help › Functional language: Asking for, offering and accepting help		› A thank-you letter › Skill: Writing a letter to say thank you for a present › Functional language: Writing a thank-you letter › Look! Preposition + <i>-ing</i>		› <i>New Year celebrations in the UK</i> › Word Power: Types of performer  COMPARE CULTURES  THINK CRITICALLY		 4.7 Appreciate cultural diversity Learning situation → A video about New Year's celebrations  GET CREATIVE Mediation: Relaying specific information	
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5

I'm only human

Vocabulary: The human body; Health problems

Grammar: *will and won't, may, First conditional; should / shouldn't*

Speaking: Giving advice

Writing: A How to... guide

VOCABULARY The human body

1 Match the words that rhyme with the parts of the body.

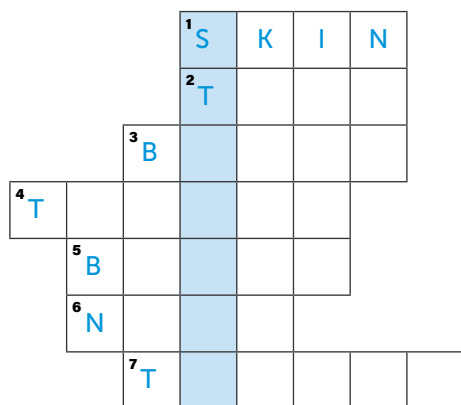
- | | | |
|------------|-------------------------------------|--------|
| 1 toe | <input type="checkbox"/> | some |
| 2 skin | <input type="checkbox"/> | colder |
| 3 thumb | <input type="checkbox"/> | tea |
| 4 heart | <input type="checkbox"/> | thin |
| 5 face | <input checked="" type="checkbox"/> | show |
| 6 knee | <input type="checkbox"/> | depart |
| 7 shoulder | <input type="checkbox"/> | case |

2 Put the letters in order to make words for parts of the body.

ote toe

- | | | | |
|----------|-------|------------|-------|
| 1 muthb | _____ | 6 deroushl | _____ |
| 2 eken | _____ | 7 obwel | _____ |
| 3 ginfre | _____ | 8 cenk | _____ |
| 4 nebo | _____ | 9 arthe | _____ |
| 5 kelan | _____ | 10 ainbr | _____ |

3 Complete the word puzzle and find the mystery word.



- 1 This covers your body.
- 2 You have five of these at the end of your foot.
- 3 You have lots of these inside your body.
- 4 You have two of these – one on each hand.
- 5 This is inside your head.
- 6 This is between your head and the rest of your body.
- 7 This is inside your neck.

Mystery word: _____

4 **5.1** Look at the picture. Match 1-7 with the words in the box. Listen and check.

- | | | | |
|-------|-----------------|---------|------|
| ankle | elbow | face | knee |
| neck | <u>shoulder</u> | stomach | |



- | | |
|-------------------|---------|
| 1 <u>shoulder</u> | 5 _____ |
| 2 _____ | 6 _____ |
| 3 _____ | 7 _____ |
| 4 _____ | |

5 Put these parts of the body in order from the toes up.

- | | | | |
|--------|----------|---------|-------------|
| ankle | brain | heart | knee |
| throat | shoulder | stomach | <u>toes</u> |

- | | |
|---------------|---------|
| 1 <u>toes</u> | 5 _____ |
| 2 _____ | 6 _____ |
| 3 _____ | 7 _____ |
| 4 _____ | 8 _____ |

READING

How animals may adapt to climate change

The weather on planet Earth is changing; our world is becoming warmer. In the future, animals that can't live in a warmer climate will be in danger. So, what will happen in 50 or 100 years' time? Will all these animals disappear?

Well, some animals may disappear, but others will adapt so that they can live in a warmer world. For example, the bodies of some animals will change. Other animals will look the same in the future, but they will behave differently when the planet becomes warmer.

Let's start with animals who like living in cold places. When their homes get warmer, they may move to higher places that are colder. Of course, this may cause problems. For example, it may be more difficult for them to find food in the mountains.

Some animals may get smaller. The water in warmer seas has less oxygen in it. Small fish need less oxygen, so many scientists think that some fish may get smaller.

Other animals, like owls, may change colour. Animals and birds that live in parts of the world where there is a lot of snow are often white or light grey. (This means that bigger animals can't see them in the snow and can't catch them!) There will be less snow in the future, so these animals may change colour and become brown or dark grey. However, some animals in hotter parts of the world may become lighter in colour because light colours stop them from getting too hot.

The big question is: will animals change quickly enough to survive?



1 5.2 Read and listen to the article. What is the article about?

- How the climate may change in the future.
- How some animals may change in the future.
- How humans may change in the future.

2 Are the sentences true (T) or false (F)?

The Earth is getting hotter. T

- No animals will adapt to climate change.
- Some animals will live in different places.
- Cooler water has less oxygen.
- Some animals will change size.
- Some animals will be a different colour.

3 Read the article again. Find these words and match them with their meanings in the text.

- | | |
|-------------|--|
| 1 planet | a make something (bad) happen |
| 2 disappear | b continue living |
| 3 adapt | c die |
| 4 cause | d change |
| 5 oxygen | e a gas that animals and plants need to live |
| 6 survive | f a celestial body that moves around the Sun |

4 Word Power Complete the sentences with the *-ion* noun form of the verbs in the box.

act	create	discuss
<u>invent</u>	pollute	predict

The internet was one of the most important inventions of the 20th century.

- There's a lot of air _____ in our city because of all the traffic.
- Scientists are making interesting _____ about the future.
- Countries must take _____ now to stop climate change.
- We had a very interesting _____ in class about space travel.
- The _____ of 500 new jobs is very good news for the economy.

GRAMMAR *will* and *won't*; *may*

- 1 Look at the pictures of people and situations in the future. Choose the correct answers.



Anna will / *won't*
pass the subject.



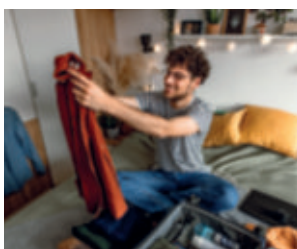
3 They *will* / *won't* be
small forever.



1 They *will* / *won't* be
doctors.



4 Maya *will* / *won't* be
an only child.



2 Lucas *will* / *won't* go
on holiday.



5 They *will* / *won't* get
married.

- 2 Put the words in order to make sentences.

children / in / have / will / we / the future. / fewer
We will have fewer children in the future.

- will / healthier / future. / people / be / the / in

- cars / flying / in / we / have / the future. / won't

- the home. / will / robots / a lot / do / jobs in / of

- the future. / planet / will / our / warmer / be / in

- we / everything / won't / with / smartphones. /
our / pay for

- much / future. / eat / meat / in the / we / won't

- 3 5.3 Write sentences with *will* (✓) or *won't* (X).
Listen and check.

Sarah / become / a / famous scientist ✓

Sarah will become a famous scientist.

- Tom / get / a very good job ✓

- the film / be / scary X

- astronauts / visit / Mars / in the future ✓

- Antonia / have / a big family ✓

- people / watch television / in the future X

- planes / have / pilots / in the future X

- 4 Complete the sentences with *will* or *may*.

We may see William at the party. We aren't
sure if he'll be there.

- This cake is very good! I'm sure Hannah
_____ love it.
- We _____ go to the beach this afternoon,
or maybe we'll go sightseeing.
- I _____ come to the cinema with you this
evening, but I'm not sure.
- Laura _____ pass the exam. She's very
good at Maths.
- I'm sure Alex _____ have children one day.
He loves kids!

- 5 5.4 Complete the sentences with *will*, *won't*,
may or *may not*. Listen and check.

Julia: Will you learn to drive, Sam?

Sam: Hmm... I don't know. I ¹ _____ learn
to drive after university, but I'm not sure.
How about you?

Julia: No, I ² _____ learn to drive. I hate cars.

Sam: Ha, ha, yes, I know you do! Anyway, we
³ _____ need to drive in ten years' time.
Computers may drive our cars for us.

Julia: Yes, exactly!

Sam: ⁴ _____ you have children when you're
older, do you think?

Julia: Yes, I ⁵ _____. I'd like to have a big family.
How about you?

Sam: No, I ⁶ _____. I don't want to have
any children.

VOCABULARY and LISTENING Health problems

1 **5.5** Choose the correct answers. Listen and check.



1 I've got sunburn / a sore throat.



3 I've got a sore throat / toothache.



1 I've got a cough / stomach ache.



4 I've got a cold / stomach ache.



2 I've got toothache / a broken leg.



5 I've got a stomach ache / temperature.

2 Complete the sentences with the words in the box.

back hurts	broken leg	cold
sore throat	temperature	toothache

I fell over and now I've got a broken leg.

- Mum's at the dentist this morning because she's got _____.
- You've got a _____! It's over 40°C.
- They went out in the snow and now they've both got a _____.
- I pushed a desk to the other side of my room and now my _____.
- Listen to Jake's voice! He may have a _____.

3 Match 1-4 with a-d.

- | | |
|---|------------------|
| 1 You often cough when you've got... | a a broken leg. |
| 2 Your skin is red and hurts when you've got... | b a cold. |
| 3 Your head feels hot when you've got... | c sunburn. |
| 4 Walking is a problem when you've got... | d a temperature. |



4 **5.6** Listen to two dialogues. Who is speaking?

Dialogue 1

- a a teacher and a student
- b a father and his daughter
- c a doctor and a girl

Dialogue 2

- a a dentist and a boy
- b a teacher and a student
- c a mother and her son

5 **5.6** Listen again and complete each sentence with one word.

Dialogue 1

Amy's got a sore throat and a headache.

- Amy's dad asks if she's also got a _____.
- Amy says all her friends have got _____.

Dialogue 2

- Gabriel tells the dentist he's got _____.
- The dentist asks Gabriel if he eats a lot of _____.
- Gabriel says he eats a lot of _____.

6 **5.6** Listen again. Are the sentences true (T) or false (F)?

Dialogue 1

Amy's dad says he's tired. F

- Amy says she feels hot. _____
- Amy's dad tells her to go to bed early. _____

Dialogue 2

- The dentist looks at Gabriel's teeth. _____
- The dentist doesn't know what the problem is. _____
- The dentist says Gabriel should eat less chocolate. _____

GRAMMAR First conditional; *should* and *shouldn't*

1 Match 1–6 with a–f.

- | | |
|--|--|
| 1 If we load the dishwasher, | a if it's sunny this afternoon. |
| 2 You'll feel a lot healthier | b we'll be late for our Maths class. |
| 3 If you don't study, | c Dad will be pleased. |
| 4 We'll go to the beach | d you won't sleep. |
| 5 If you watch a horror film in the evening, | e you won't pass your exams. |
| 6 If we don't run, | f if you eat lots of fruit and vegetables. |

2 Choose the correct answers.

You get / You'll get wet if you don't take your umbrella.

- If you eat / you'll eat too much, you'll get a stomach ache.
- You'll be late for school if you won't / don't leave now.
- If you send / you'll send the birthday card today, Grandma will get it tomorrow.
- I'll make a cake this evening if I have / I'll have time.
- If you don't put your T-shirt on, you get / you'll get sunburn.
- If you'll study / you study hard, your English will improve.

3 5.7 Complete the sentences with the correct form of the verbs in the box. Listen and check.

be	buy	drive	not drink
	not eat	not go	

If you don't drink anything, you'll be thirsty.

- If it rains this evening, we _____ to the theatre.
- I _____ some new jeans next month if I save some money.
- Hurry up! You _____ late for the cinema if you don't leave now!
- You'll be hungry this afternoon if you _____ your lunch.
- If I _____ shopping, there won't be any food for dinner.

4 Complete the sentences with *should* or *shouldn't*.

'Should I ask the teacher?' 'Yes, you should.'

- You _____ eat so much chocolate. It isn't healthy.
- She's always so tired. She _____ go to bed earlier.
- _____ I walk to town or get the bus?
- 'Should we bring a water bottle with us?' 'Yes, we _____.'
- 'Should I borrow some money?' 'No, you _____.'

5 5.8 Complete the dialogue with the words in the box. Listen and check.

don't	eat	'll	should	shouldn't	won't
-------	----------------	-----	--------	-----------	-------



Sarah: Chicken and chips. Is that your dinner?

Oscar: Yeah. What's the problem?

Sarah: Well, if you eat that kind of food every day, you ¹ _____ be very healthy.

Oscar: Really? Why not? Isn't chicken quite healthy?

Sarah: Not fried chicken. And where are the vegetables? You ² _____ have some salad or vegetables with the meat. You ³ _____ just eat chips with everything. It isn't good for you! If you ⁴ _____ eat healthy food, you ⁵ _____ start to feel tired and ill.

Oscar: OK, Sarah, you're right! I'll eat some fruit after this!

SPEAKING Giving advice

1 Complete the dialogue with the words in the box.



don't ill look matter
poor shouldn't sure

- Mum: Hey, Leo. What's the matter? You don't
1 _____ very well.
- Leo: No, I'm not. I've got a headache and I feel hot
and cold at the same time.
- Mum: Oh, 2 _____ you! You've got a temperature.
You look 3 _____, Leo!
- Leo: Yes, I know.
- Mum: So, why are you doing your homework?
You 4 _____ work when you're ill.
Why 5 _____ you go to bed?
- Leo: I can't, Mum. I've got lots of homework.
- Mum: Leo, you can finish your homework when
you're well again.
- Leo: What will my teachers say?
- Mum: They won't be angry, Leo. You're ill. Come on,
put your pen down and go to bed. I'll email
the school and tell them that you're ill.
I'm 6 _____ it'll be OK.
- Leo: Thanks, Mum.

2 5.9 Listen to the dialogue. Tick (✓) the phrases you hear.

- You don't look very happy.
- 1 You don't look very well.
- 2 What's the matter?
- 3 What's wrong?
- 4 You shouldn't...
- 5 Why don't you ... ?
- 6 Maybe you should...
- 7 I'm sure you'll find it.
- 8 I'm sure it'll be OK.

3 5.10 Put the dialogue in order. Listen and check.



- a Yes, I'm a bit worried about Emily.
- 1 b You look worried, Claire.
- c Maybe you should take her to a café and talk to her.
- d Well, she's upset about something, but she won't tell me what the problem is.
- e Don't worry. I'm sure everything will be OK.
- f Why? What's the matter?
- g Yes, good idea. She may tell me if it's just me and her.

4 5.11 Match 1-5 with a-e. Listen and check.

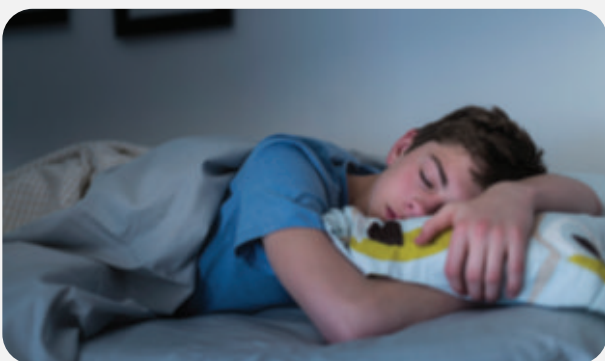
- 1 You look worried. a Poor you! Why don't you go home?
- 2 What's the matter? b My back hurts.
- 3 I've got a stomach ache. c Yes, good idea.
- 4 Maybe you should see a doctor. d No problem. I'm sure it'll be OK.
- 5 Thanks for your advice, Luke. e Yes, I've got an English test tomorrow.

How to sleep better

Most people have problems sleeping at some point in their lives, but sleep is so important. It helps us to stay healthy, active and happy. Here are my top tips for sleeping well.

1 Be active in the daytime

Get some exercise every day. Walking, swimming or cycling for half an hour every day can really help you to sleep well. It's important to exercise early in the day. If you exercise just before going to bed, you may find it difficult to get to sleep.



2

Stop using your phone and your laptop an hour – or more – before bed! Phones and computers stimulate your brain. It's a good idea to read a book for half an hour before you go to sleep, but don't read anything too exciting or scary – it may stop you from sleeping!

3

Don't eat a big meal just before you go to bed. This will stop you from sleeping well. You should try and have dinner earlier in the evening – at least three or four hours before bedtime. If you're hungry just before you go to bed, have a banana. And never drink coffee in the evening!

4

You should always go to bed at the same time every day. If you do this, you'll get to sleep more quickly.

1 5.12 Read and listen to the blog post and match headings a–d with paragraphs 1–4.

- a Eat early in the evening
- b Have a regular bedtime
- c ~~Be active in the daytime~~
- d Never use screens before bedtime

2 Write answers to the questions.

How often should you exercise? every day

- 1 When should you exercise? _____
- 2 Why do computers stop you from sleeping?

- 3 What should you read before sleeping?

- 4 What types of book shouldn't you read before sleeping? _____
- 5 When should you eat dinner? _____

3 Match 1–5 with a–e.

- | | |
|----------------------|---|
| 1 Here are my top | a to eat too much sugar. |
| 2 It's important not | b should eat food from all the food groups. |
| 3 You should always | c to drink water with a meal. |
| 4 It's a good idea | d eat something at mealtimes. |
| 5 Remember that you | e tips for improving your diet. |

4 Put the words in order to make affirmative or negative sentences with the imperative.

cycle / walk or / school. / to / always

Always walk or cycle to school.

- 1 to / learn / healthy / cook / food.

- 2 eat / much / don't / salt or sugar. / too

- 3 to bed. / go / never / your phone / use / just before / you

- 4 lots / and vegetables. / of / eat / fresh fruit / always

5 Write a How to... guide about a topic that is important to you. Give four or five important tips and put each tip under a heading.

How to _____

REVIEW UNIT 5

1 Write the names of the parts of the body in alphabetical order.

ankle	thumb	knee	toe	shoulder
bone	elbow	brain	finger	

- | | | |
|----------------|---------|---------|
| 1 <u>ankle</u> | 4 _____ | 7 _____ |
| 2 _____ | 5 _____ | 8 _____ |
| 3 _____ | 6 _____ | 9 _____ |

2 Choose the correct answers.

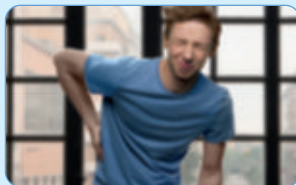
We *will* / won't do any housework in the future because robots will do it for us.

- I think Daniel *will* / *may* be a fashion designer when he's older. He's really interested in clothes.
- I'm sure Sara *may* / *will* lend George some money. She's very kind.
- Don't worry, Lara *will* / *won't* be angry with you. She's a very nice person.
- We *may* / *will* go on holiday to France, but we aren't sure.
- It's a brilliant film. I'm sure *you may* / *you'll* love it!

3 5.13 Complete the sentences. Listen and check.



I've got a broken leg.



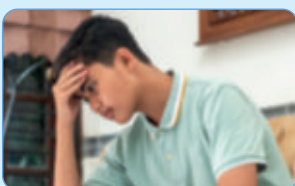
3 My back _____.



1 He's got a _____.



4 She's got _____.



2 He's got a _____.



5 He's got a _____.

4 5.14 Correct the error in each sentence. Listen and check.

If you ~~will~~ walk quickly, you'll arrive on time.
If you walk quickly, you'll arrive on time.

- You're hungry at school if you don't eat your breakfast.

- If I'll see Becky this evening, I'll invite her to the party.

- If we go to Madrid next month, we visit Antonio.

- I call Mark tonight if I have time.

- If you going to Anna's this evening, you'll see Amy.

- If they're late, they'll calling us.

5 Complete the sentences with *should* or *shouldn't*.

Lara: That was a message from Mia. She's got a problem and she wants to talk to me. It's quite late. Should I go to her house?

Dad: No, you ¹ _____! It's 10 o'clock, Lara. You ² _____ go to bed, not visit your friend! You've got school tomorrow.

Lara: I know, I know.

Dad: She ³ _____ call you at 10 o'clock on a Monday night.

Lara: I agree, it's a bit late, but she really wants to talk. What ⁴ _____ I do?

Dad: I think you ⁵ _____ call her tomorrow morning and say you'll meet her at lunchtime.

Lara: Good idea. OK, Dad. Goodnight!

Dad: Goodnight, Lara.

LEARNING TO LEARN

Now I can...

- talk about the human body
- use *will*, *won't*, *may* and *may not* to make predictions about the future
- talk about common health problems
- use the first conditional to talk about possible actions and their results
- give advice about a problem
- write a *How to...* guide