Do your personal best with English!

B1 Pre-intermediate

Personal Best B1 - CEFR Companion Volume with New Descriptors MAPPING¹

The following mapping is based mainly on the **Personal Best B1 Student's Book**. It also includes several activities or references from the **Workbook** and from the **Teacher's Resource Book** where necessary. When specifying page numbers, these are referred to as WB and TRB.



¹For practical reasons, some new descriptors of the CEFR have been left out, such as those related to sign language or those that were already present in the former version of the Framework and have simply been updated.

A1	A2	B1 ●	B2	C1	C2
		Ur	rit 1		
Reading a	as a leisure activit	Can read newspa	aper / magazine account etc. written for a wider a he main points.		p. 8
		explicitly expressent narratives, guides	the description of places ed feelings and perspect and magazine articles the equency, everyday langu	ives in hat are	p. 4
Overall M	EDIATION	showing awarene perceived differer	eople from different back ess that some questions ntly, and invite other peo expertise and experience,	may be ople to	р. 158 TRB р. 11
		well-structured in that are familiar c	mation given in clear, Iformational texts on sub or of personal or current lexical limitations cause at times.	interest,	p. 10
Overall Pl Control	nonological	mate intonation a word levels. How	generally intelligible; can and stress at both utterar ever, accent is usually in e(s) he/she speaks.	nce and	p. 9



Personal Best							
A1	A2	B1 ●	B2	C1	C2		
		Ur	it 2				
Reading a	as a leisure activit	explicitly express narratives, guides	the description of place ed feelings and perspec s and magazine articles equency, everyday lange	tives in that are	p. 12		
Overall M	IEDIATION	backgrounds, sho asking and answe and responding t	with people from other owing interest and emp ering simple questions, o suggestions, asking w d proposing alternative	formulating	TRB p. 23		
		expressed in unc personal interest,	main points made in lor omplicated language of provided that he/she c ertain expressions.	n topics of	p. 15 (summary)		
		on a familiar subj	routine instructions in a ect, provided they are fi ge and he/she is given s	ormulated	p.19 TRB p. 25		
Overall P Control	honological	approximate into utterance and we	generally intelligible; ca nation and stress at bot ord levels. However, acc d by other language(s) h	h cent is	p. 13		



A1	A2	B1 ●	B2	C1	
		Un	it 3		
Reading a	is a leisure activity	Can read newspa	per / magazine accoun etc. written for a wider a ne main points.		p. 26
		comics with a cle	ot of stories, simple nov ar linear storyline and h ay language, given regu	igh	p. 28 WB p. 17
Overall MEDIATION		collaborative task	work in a straightforwar by stating the aim and er the main issue that ne	explaining	TRB p. 37
		well-structured in that are familiar o	mation given in clear, formational texts on sul r of personal or current exical limitations cause at times.	interest,	p. 160 (summary
Overall Pr Control	nonological	approximate into and word levels. I	generally intelligible; car nation and stress at both However, accent is usua er language(s) he/she s	n utterance Illy	p. 27
Building c repertoire	on pluricultural	members of anot	res of his/her own cultu her culture or explain fe re to members of his/h	eatures	p. 25



A1	A2	B1	B2	C1	C2
		Un	it 4		
Reading a	as a leisure activity		per / magazine account tc. written for a wider an ne main points.		p. 30, p. 33
Overall M	EDIATION	backgrounds, sho asking and answe and responding to	vith people from other wing interest and empa ring simple questions, fo suggestions, asking wh I proposing alternative	ormulating	p. 35



A1	A2	B1 ●	B2	C1	C
		Un	it 5		
Reading a	as a leisure activity	explicitly expressent narratives, guides	the description of places, ed feelings and perspecti and magazine articles th equency, everyday langua	ves in nat are	p. 40, p. 44
Overall M	EDIATION	backgrounds, sho asking and answe and responding t	with people from other owing interest and empatering simple questions, fo o suggestions, asking wh d proposing alternative	ormulating	TRB p. 61
Overall Pl Control	honological	approximate into utterance and wo	generally intelligible; can nation and stress at both ord levels. However, acce d by other language(s) he	ent is	p. 43, p. 45



A1 A2	B1	B2	C1	C2
	Ur	it 6		
Reading as a leisure activity	explicitly express narratives, guides	the description of places, ed feelings and perspecti and magazine articles th equency, everyday langua	ives in nat are	p. 48, p. 51
Overall Phonological Control	approximate into and word levels.	generally intelligible; can nation and stress at both However, accent is usual ner language(s) he/she sp	utterance Ily	p.49, p. 53



A1	A2	B1 ●	B2	C1	C2
		Un	it 7		
Reading	as a leisure activity	explicitly express narratives, guides	the description of places, ed feelings and perspecti s and magazine articles th equency, everyday langua	ves in nat are	p. 58, p. 62
Overall M	1EDIATION	backgrounds, sho asking and answe and responding t	with people from other owing interest and empat ering simple questions, fo o suggestions, asking wh d proposing alternative	hy by prmulating	8 p. 75, p. 79, p. 81
Overall P Control	honological	approximate into utterance and wo	generally intelligible; can nation and stress at both ord levels. However, acce d by other language(s) he	ent is	p. 59, p. 63



A1	A2	B1 ●	B2	C1	C2
		Ur	it 8		
Reading as	s a leisure activity	Can understand t explicitly expresse narratives, guides	he description of places, ev ed feelings and perspectives and magazine articles that quency, everyday language	s in are	p. 66, p. 69, p. 70
Overall MI	EDIATION	backgrounds, sho asking and answe and responding to	vith people from other owing interest and empathy ring simple questions, form o suggestions, asking wheth d proposing alternative	iulating	p. 162 TRB p. 89, p. 91
Overall Ph Control	nonological	approximate intor and word levels. H	generally intelligible; can nation and stress at both utt However, accent is usually Ier language(s) he/she speal		p. 67, p. 71
Building o repertoire	n pluricultural	Can generally res commonly used o	pond appropriately to the m cultural cues.	nost	p. 73, p. 163 TRB p. 91



A1	A2	B1	B2	C1	C2
		Ú	rit 9		
Reading a	as a leisure activit	Can understand explicitly express narratives, guide:	the description of places ed feelings and perspect s and magazine articles tl equency, everyday langu	ives in hat are	p. 76, p. 81
Overall M	IEDIATION	backgrounds, sh asking and answ and responding t	with people from other owing interest and empa ering simple questions, fo to suggestions, asking wh id proposing alternative	ormulating	TRB p. 95
Overall Pl Control	honological	approximate into and word levels.	generally intelligible; can mation and stress at both However, accent is usua her language(s) he/she sp	n utterance Ily	p. 77



A1	A2	B1 ●	B2	C1	C2
		Un	it 10		
Reading as	s a leisure activity		per / magazine accounts etc. written for a wider au ne main points.		p. 84, p. 87
Overall ME	EDIATION	backgrounds, sho asking and answe and responding to	with people from other wing interest and empath ring simple questions, for o suggestions, asking whe d proposing alternative	rmulating	TRB p. 111
Overall Ph Control	onological	approximate intor and word levels. F	generally intelligible; can hation and stress at both (However, accent is usually er language(s) he/she spe	у	p. 89
Building or repertoire	n pluricultural	Can generally res	pond appropriately to the cultural cues.	e most	p. 90, p. 91, p. 164
		Can explain featu members of anot	res of his/her own culture her culture or explain fea re to members of his/her	tures	TRB p. 107



A1	A2	B1	B2	C1	C2
		Un	it 11		
Reading	as a leisure activity	explicitly express narratives, guides	the description of places ed feelings and perspect s and magazine articles tl equency, everyday langu	ives in hat are	p. 94, p. 98, p. 100
Overall N	AEDIATION	well-structured ir that are familiar c	rmation given in clear, nformational texts on sub or of personal or current lexical limitations cause at times.	interest,	TRB p. 115
Overall P Control	Phonological	approximate into and word levels.	generally intelligible; can mation and stress at both However, accent is usua ner language(s) he/she sp	n utterance Illy	p. 95



A1	A2	B1	B2	C1	C2
		Un	it 12		
Reading	as a leisure activity		per / magazine accounts etc. written for a wider au ne main points.		p. 102, p. 105, p. 106
Overall F	Phonological Control	approximate into and word levels. H	generally intelligible; can nation and stress at both However, accent is usuall Ier language(s) he/she sp	У	p. 103, p. 107
Building repertoir	on pluricultural e	Can generally res commonly used o	pond appropriately to the cultural cues.	e most	p. 108, p. 109, p. 165

