

Personal Best

Do your personal best with English! ♥



B2

Upper Intermediate

Personal Best B2 Mapping In-class, Blended and Online Teaching

The following mapping has been designed in light of current requirements in EOIs (Escuelas Oficiales de Idiomas) and other schools, where blended and online teaching strategies are becoming increasingly common. All of the activities can be found in the **Personal Best B2 series**. This outline can be used as either an activity guide or a series of suggestions for teachers using different strategies. The blended learning activities include activities that can be done at home (without the internet), which can then be revised or reinforced in the classroom.



Richmond

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Unit 1

IN-CLASS ACTIVITIES

- Student's Book:
1A, 1B, 1C, 1D (all the main activities)
- Student's Book:
1A Vocabulary Practice (exercise 1) **p. 136**
1B Vocabulary Practice (exercise 1) **p. 137**
1C Vocabulary Practice (exercises 1 and 2) **p. 137**
- Student's Book:
Communication Practice 1A **p. 170**
Communication Practice 1C **p. 158, 164**
- Teacher's Resource Book:
1A Grammar, 1A Vocabulary, 1B Vocabulary,
1C Grammar, 1C Vocabulary, 1D Skills
- Photocopiable activities on the Richmond Learning Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
Reading comprehension (exercises 2-7) **p. 10-11**
- Student's Book:
Personal Best activities **p. 5, 11**
- Student's Book:
1A Grammar Practice (exercises 1-3) **p. 112**
1C Grammar Practice (exercises 1 and 2) **p. 113**
- Student's Book:
1A Vocabulary Practice (exercise 2) **p. 136**
1B Vocabulary Practice (exercise 2) **p. 137**
1C Vocabulary Practice (exercise 3) **p. 137**
- Teacher's Resource Book:
1C Grammar (first part: reading and ordering)
1D Skills (part 3 and 4)
- Workbook:
All activities **p. 2-7**
- Workbook:
Writing Practice **p. 74**
- Richmond Learning Platform:
"Skills Boost" listening and reading activities

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ONLINE ACTIVITIES

- Workbook:
Writing Practice (exercise 4) – can be adapted for use
on the Richmond Learning Platform forum
- Richmond Learning Platform:
Grammar, pronunciation, vocabulary, listening and
writing activities
- Richmond Learning Platform:
“Skills Boost” listening and reading activities
- Personal Best B2 app (all activities)

p. 74

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Unit 2

IN-CLASS ACTIVITIES

- Student's Book:
2A, 2B, 2C, 2D (all the main activities).
- Student's Book:
2A Vocabulary Practice (exercise 1) **p. 138**
2C Vocabulary Practice (exercises 1 and 2) **p. 139**
- Student's Book:
2A Communication Practice **p. 158, 164**
2C Communication Practice **p. 170**
2D Communication Practice **p. 159, 165**
- Teacher's Resource Book:
2A Grammar, 2A Vocabulary, 2B Skills,
2C Grammar, 2C Vocabulary
- Photocopiable activities on the Richmond Learning Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
Personal Best activities **p. 15, 17, 19**
- Student's Book:
2A Vocabulary Practice (exercise 2) **p. 138**
2C Vocabulary Practice (exercise 3) **p. 139**
- Student's Book:
2A Grammar Practice (exercises 1-3) **p. 114**
2C Grammar Practice (exercises 1-3) **p. 115**
- Student's Book:
Reading comprehension (exercises 2-7) **p. 14-15**
- Student's Book:
Review and practice **p. 20-21**
- Workbook:
All activities **p. 8-13**
- Teacher's Resource Book:
2C Vocabulary (first part, exercises 2 and 3)
- Richmond Learning Platform:
"Skills Boost" listening and reading activities

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ONLINE ACTIVITIES

- Student's Book:
Personal Best activity – can be adapted for use on the
Richmond Learning Platform forum

p. 19

- Richmond Learning Platform:
Grammar, pronunciation, vocabulary,
reading and speaking activities

- Richmond Learning Platform:
"Skills Boost" listening and reading activities

- Personal Best B2 app (all activities)

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Unit 3

IN-CLASS ACTIVITIES

- Student's Book:
3A, 3B, 3C, 3D (all the main activities)
- Student's Book:
3A Vocabulary Practice (exercise 1) **p. 140**
3B Vocabulary Practice (exercise 1) **p. 141**
- Student's Book:
3A Communication Practice **p. 171**
3C Communication Practice **p. 159, 165**
- Teacher's Resource Book:
3A Grammar, 3A Vocabulary, 3B Vocabulary,
3C Grammar, 3D Skills
- Photocopiable activities on the Richmond Learning
Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book: **p. 140, 141**
3A Vocabulary Practice (exercise 2) **p. 140**
3B Vocabulary Practice (exercise 2) **p. 141**
 - Student's Book:
3A Grammar Practice (exercises 1 and 2) **p. 116**
3C Grammar Practice (exercises 1 and 2) **p. 117**
 - Student's Book:
Personal Best activities **p. 23, 25, 27, 29**
 - Student's Book:
Reading comprehension (exercises 1-7) **p. 28-29**
 - Workbook:
All activities **p. 14-19**
 - Workbook:
Writing Practice **p. 75**
 - Richmond Learning Platform:
"Skills Boost" listening and reading activities
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ONLINE ACTIVITIES

- Workbook:
Writing activities – can be adapted for use on the
Richmond Learning Platform forum
- Richmond Learning Platform:
Grammar, pronunciation, vocabulary,
listening and writing activities
- Richmond Learning Platform:
“Skills Boost” listening and reading activities
- Personal Best B2 app (all activities)

p. 17, 75

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Unit 4

IN-CLASS ACTIVITIES

- Student's Book:
4A, 4B, 4C, 4D (all the main activities)
- Student's Book:
4A Vocabulary Practice (exercises 1 and 2) **p. 141**
4C Vocabulary Practice (exercise 1) **p. 142**
- Student's Book:
4A Communication Practice **p. 159, 165**
4C Communication Practice **p. 159, 165**
4D Communication Practice **p. 160, 166**
- Teacher's Resource Book:
4A Grammar, 4A Vocabulary, 4B Skills,
4C Grammar, 4C Vocabulary
- Photocopiable activities on the Richmond Learning Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
4C Vocabulary Practice (exercise 2) **p. 141**
 - Student's Book:
4A Grammar Practice (exercises 1-3) **p. 118**
4C Grammar Practice (exercises 1-3) **p. 119**
 - Student's Book:
Personal Best activities **p. 31, 33, 35, 37**
 - Student's Book:
Reading comprehension activity (exercises 2-6) **p. 32-33**
 - Student's Book:
Review and Practice **p. 38-39**
 - Workbook:
All activities **p. 20-25**
 - Teacher's Resource Book:
4A Grammar, 4B Vocabulary, 4C Vocabulary
(Personal Best activities)
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ONLINE ACTIVITIES

- Richmond Learning Platform: Grammar, pronunciation, vocabulary, reading, and speaking activities
 - Richmond Learning Platform: "Skills Boost" listening and reading activities
 - Personal Best B2 app (all activities)
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Unit 5

IN-CLASS ACTIVITIES

- Student's Book:
5A, 5B, 5C, 5D (all the main activities)

- Student's Book:
5A Vocabulary Practice (exercise 1) p. 142
5B Vocabulary Practice (exercises 1 and 2) p. 143
5C Vocabulary Practice (exercise 1) p. 143

- Student's Book:
5A Communication Practice p. 171
5C Communication Practice p. 172

- Teacher's Resource Book:
5A Grammar, 5A Vocabulary, 5B Vocabulary,
5C Grammar, 5C Vocabulary, 5D Skills

- Photocopiable activities on the Richmond Learning
Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
5A Vocabulary Practice (exercise 2) p. 142
5C Vocabulary Practice (exercise 2) p. 143

 - Student's Book:
5A Grammar Practice (exercises 1 and 2) p. 120
5C Grammar Practice (exercises 1 and 2) p. 121

 - Student's Book:
Personal Best activities p. 41, 43, 45, 47

 - Student's Book:
Writing (exercise 7, Prepare and Practise) p. 47

 - Workbook:
All activities p. 26-31

 - Workbook:
Writing Practice p. 76
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ONLINE ACTIVITIES

- Workbook:

Exercise 4 – can be adapted for use on the Richmond Learning Platform forum

p. 29

- Teacher's Resource Book:

5B Vocabulary – can be adapted for use on the Richmond Learning Platform forum

- Platform:

Grammar, pronunciation, vocabulary, listening and writing activities

- Platform:

"Skills Boost" listening and reading activities

- Personal Best B2 app (all activities)

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Unit 6

IN-CLASS ACTIVITIES

- Student's Book:
6A, 6B, 6C, 6D (all the main activities)
- Student's Book:
6A Vocabulary Practice (exercise 1) **p. 144**
6C Vocabulary Practice (exercises 1 and 2) **p. 145**
- Student's Book:
6A Communication Practice **p. 160, 166**
6C Communication Practice **p. 160, 166**
6D Communication Practice **p. 161, 167**
- Teacher's Resource Book:
6A Grammar, 6A Vocabulary, 6B Skills,
6C Grammar, 6C Vocabulary
- Photocopiable activities on the Richmond Learning Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
6A Vocabulary Practice (exercise 2) **p. 144**
 - Student's Book:
Grammar Practice 6A (exercises 1-3) 6C **p. 122**
Grammar Practice (exercises 1 and 2) **p. 123**
 - Student's Book:
Personal Best activities **p. 49, 51, 53, 55**
 - Student's Book:
Reading comprehension (exercises 2-5) **p. 50-51**
 - Student's Book:
Review and Practice **p. 56-57**
 - Workbook:
All activities **p. 32-37**
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ONLINE ACTIVITIES

- Workbook:
Exercise 5 – can be adapted for use on the Richmond Learning Platform forum

p. 35

- Teacher's Resource Book, 6C Vocabulary, and Personal Best activity – can be adapted for use on the Richmond Learning Platform forum

- Richmond Learning Platform:
Grammar, pronunciation, vocabulary, reading and speaking activities

- Richmond Learning Platform:
"Skills Boost" listening and reading activities

- Personal Best B2 app (all activities)

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Unit 7

IN-CLASS ACTIVITIES

- Student's Book:
7A, 7B, 7C, 7D (all the main activities)

- Student's Book:
7A Vocabulary Practice (exercise 1) **p. 145**
7B Vocabulary Practice (exercise 1) **p. 146**
7C Vocabulary Practice (exercises 1 and 3) **p. 146**

- Student's Book:
7A Communication Practice **p. 161, 167**
7C Communication Practice **p. 172**

- Teacher's Resource Book:
7A Grammar, 7A Vocabulary, 7B Vocabulary,
7C Grammar, 7C Vocabulary, 7D Skills

- Photocopiable activities on the Richmond Learning
Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
7A Vocabulary Practice (exercise 2) **p. 145**
7C Vocabulary Practice (exercise 2) **p. 146**

- Student's Book:
7A Grammar Practice (exercises 1-3) **p. 124**
7C Grammar Practice (exercises 1-3) **p. 125**

- Student's Book:
Personal Best activities **p. 59, 61, 63, 65**

- Student's Book:
Writing (exercise 8: Prepare and Practise) **p. 65**

- Workbook:
All activities **p. 38-43**

- Workbook:
Writing Practice **p. 77**

- Teacher's Resource Book:
7B Vocabulary, 7C Grammar
(can be adapted for homework)

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ONLINE ACTIVITIES

- Student's Book:
Personal Best activities – can be adapted for use on the Richmond Learning Platform forum **p. 61, 65**
 - Workbook:
Writing Practice (exercise 4) – can be adapted for use on the Richmond Learning Platform forum **p. 41, 77**
 - Richmond Learning Platform:
Grammar, pronunciation, vocabulary, listening and writing activities
 - Richmond Learning Platform:
"Skills Boost" listening and reading activities
 - Personal Best B2 app (all activities)
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Unit 8

IN-CLASS ACTIVITIES

- Student's Book:
8A, 8B, 8C, 8D (all the main activities)
- Student's Book:
8A Vocabulary Practice (exercise 1) **p. 147**
8C Vocabulary Practice (exercises 1 and 3) **p. 148**
- Student's Book:
8A Communication Practice **p. 161, 167**
8C Communication Practice **p. 161, 167**
8D Communication Practice **p. 162, 168**
- Student's Book:
Personal Best activities **p. 67**
- Teacher's Resource Book: 8A Grammar,
8A Vocabulary, 8B Skills, 8C Grammar, 8C Vocabulary
- Photocopiable activities on the Richmond Learning
Platform: "Skills Boost" exercises (Listening, Reading)

BLENDED ACTIVITIES

- Student's Book:
8A Vocabulary Practice (exercises 2 and 3) 8C **p. 147**
Vocabulary Practice (exercise 2). **p. 148**
- Student's Book:
8A Grammar Practice (exercises 1-3) **p. 126**
8C Grammar Practice (exercises 1-3) **p. 127**
- Student's Book:
Personal Best activities **p. 69, 71, 73**
- Student's Book:
Reading (exercises 2-5) **p. 68-70**
- Student's Book:
Speaking activity (exercise 9: Prepare) **p. 73**
- Student's Book:
Review and Practice **p. 74-75**
- Workbook:
All activities **p. 44-49**
- Teacher's Resource Book:
Activities 8A Grammar, 8B Skills, 8C Grammar
(first parts can be adapted for homework)

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ONLINE ACTIVITIES

- Workbook:
Writing (exercise 5) – can be adapted for use
on the Richmond Learning Platform forum
- Richmond Learning Platform:
Grammar, pronunciation, vocabulary,
reading and speaking activities
- Richmond Learning Platform:
“Skills Boost” listening and reading activities
- Personal Best B2 app (all activities)

p. 47

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Unit 9

IN-CLASS ACTIVITIES

- Student's Book:
9A, 9B, 9C, 9D (all the main activities)

- Student's Book:
9A Vocabulary Practice (exercises 1 and 2) p. 149
9B Vocabulary Practice (exercise 1) p. 150
9C Vocabulary Practice (exercises 1 and 2) p. 151

- Student's Book:
9A Communication Practice p. 162, 168
9C Communication Practice p. 162, 168

- Teacher's Resource Book:
9A Grammar, 9A Vocabulary, 9B Vocabulary,
9C Grammar, 9C Vocabulary, 9D Skills

- Photocopiable activities on the Richmond Learning
Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
9A Vocabulary Practice (exercise 3) p. 149
9B Vocabulary Practice (exercises 2 and 3) p. 150
9C Vocabulary Practice (exercise 3) p. 151

- Student's Book:
9A Grammar Practice (exercises 1-3) p. 128
9C Grammar Practice (exercises 1 and 2) p. 129

- Student's Book:
Personal Best activities p. 77, 79, 81, 83

- Student's Book:
Writing skills (exercise 8: Prepare and Practise) p. 83

- Workbook:
All activities p. 50-55

- Workbook:
Writing Practice p. 78

- Teacher's Resource Book:
9A Vocabulary (first part can be adapted for homework),
9C Vocabulary (Personal Best activity, can be adapted
for homework)

Personal Best



ONLINE ACTIVITIES

- Workbook:
Writing Practice (exercise 3) – can be adapted for use on the Richmond Learning Platform forum
- Teacher’s Resource Book:
9C Vocabulary, and Personal Best activity – can be adapted for use on the Richmond Learning Platform forum
- Richmond Learning Platform:
Grammar, pronunciation, vocabulary, listening and writing activities
- Richmond Learning Platform:
“Skills Boost” listening and reading activities
- Personal Best B2 app (all activities)

p. 78

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Unit 10

IN-CLASS ACTIVITIES

- Student's Book:
10A, 10B, 10C, 10D (all the main activities)

- Student's Book:
10A Vocabulary Practice (exercises 1 and 3) **p. 152**
10C Vocabulary Practice (all exercises) **p. 153**

- Student's Book:
10A Communication Practice **p. 162, 168**
10C Communication Practice **p. 172**
10D Communication Practice **p. 163, 169**

- Teacher's Resource Book:
10A Grammar, 10A Vocabulary, 10B Skills,
10C Grammar, 10C Vocabulary

- Photocopiable activities on the Richmond Learning Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
10A Vocabulary Practice (exercise 2) **p. 152**

- Student's Book:
10A Grammar Practice (exercises 1 and 2) **p. 130**
10C Grammar Practice (exercises 1 and 2) **p. 131**

- Student's Book:
Personal Best activities **p. 85, 87, 89, 91**

- Student's Book:
Reading (exercises 3-5) **p. 86-87**

- Student's Book:
Review and Practice **p. 92-93**

- Workbook:
All activities **p. 56-61**

- Teacher's Resource Book:
10C Grammar(Personal Best activity can
be adapted for homework)

Personal Best



ONLINE ACTIVITIES

- Student's Book:
Personal Best activity – can be adapted for use on the
Richmond Learning Platform forum

p. 91

- Richmond Learning Platform:
Grammar, pronunciation, vocabulary,
reading and speaking activities

- Richmond Learning Platform:
"Skills Boost" listening and reading activities

- Personal Best B2 app (all activities)

Personal Best



Unit 11

IN-CLASS ACTIVITIES

- Student's Book:
11A, 11B, 11C, 11D (all the main activities)

- Student's Book:
11A Vocabulary Practice (exercises 1 and 3) p. 154
11B Vocabulary Practice (exercise 1) p. 155
11C Vocabulary Practice (exercises 1 and 2) p. 156

- Student's Book:
11A Communication Practice p. 163, 169
11C Communication Practice p. 173

- Teacher's Resource Book:
11A Grammar, 11A Vocabulary, 11B Vocabulary,
11C Grammar, 11C Vocabulary, 11D Skills

- Photocopiable activities on the Richmond Learning
Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
11A Vocabulary Practice (exercise 2) p. 154
11B Vocabulary Practice (exercise 2) p. 155
11C Vocabulary Practice (exercise 3) p. 156

- Student's Book:
11A Grammar Practice (exercises 1 and 2) p. 132
11C Grammar Practice (exercises 1 and 2) p. 133

- Student's Book:
Personal Best activities p. 95, 97, 99, 101

- Student's Book:
Writing (text and exercises 2-6, and
exercise 7: Prepare and Practise) p. 100-101

- Workbook:
All activities p. 62-67

- Workbook:
Writing Practice p. 79

- Teacher's Resource Book:
11A Vocabulary (Personal Best activity can be adapted
for homework), 11B Vocabulary (first activity can be
adapted for homework), 11C Grammar (Personal Best
activity can be adapted for homework)

Personal Best



ONLINE ACTIVITIES

- Student's Book:
Personal Best activities – can be adapted for use on the Richmond Learning Platform forum **p. 95, 97**
 - Workbook:
Writing (exercise 4) – can be adapted for use on the Richmond Learning Platform forum **p. 65**
 - Teacher's Resource Book, 11A Grammar, 11C Grammar
(Personal Best activities can be adapted for use on the Richmond Learning Platform forum)
 - Richmond Learning Platform:
Grammar, pronunciation, vocabulary, listening and writing activities
 - Richmond Learning Platform:
"Skills Boost" listening and reading activities
 - Personal Best B2 app (all activities)
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Personal Best



Unit 12

IN-CLASS ACTIVITIES

- Student's Book:
12A, 12B, 12C, 12D (all the main activities)

- Student's Book:
12A Vocabulary Practice (exercise 1) **p. 157**
12C Vocabulary Practice (exercise 1) **p. 157**

- Student's Book:
12A Communication Practice **p. 163, 169**
12C Communication Practice **p. 173**
12D Communication Practice **p. 173**

- Teacher's Resource Book:
12A Grammar, 12A Vocabulary, 12B Skills,
12C Grammar, 12C Vocabulary

- Photocopiable activities on the Richmond Learning
Platform: "Skills Boost" listening and reading activities

BLENDED ACTIVITIES

- Student's Book:
12A Vocabulary Practice (exercise 2) **p. 157**

- Student's Book:
12A Grammar Practice (exercises 1-3) **p. 134**
12C Grammar Practice (exercises 1-3) **p. 135**

- Student's Book:
Personal Best activities **p. 103, 105, 107, 109**

- Student's Book:
Reading (text and exercises 3-5) **p. 104-105**

- Student's Book:
Review and Practice **p. 110-111**

- Workbook:
All activities **p. 68-73**

- Teacher's Resource Book:
12A Vocabulary, 12B Skills, 12C Vocabulary (Personal
Best activities can be adapted for homework).

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ONLINE ACTIVITIES

- Student's Book:
Personal Best activity – can be adapted for use on the Richmond Learning Platform forum

p. 103

- Teacher's Resource Book:
12C Vocabulary (Personal Best activity can be adapted for use on the Richmond Learning Platform forum)

- Richmond Learning Platform:
Grammar, pronunciation, vocabulary, reading and speaking activities

- Richmond Learning Platform:
"Skills Boost" listening and reading activities

- Personal Best B2 app (all activities)
