

## Lesson 1

1 Tick (✓) five characteristics that are important to you in a friend.

### A good friend...

- |  |  |
|--|--|
| <input type="checkbox"/> shares your interests.        | <input type="checkbox"/> makes you feel happy.                   |
| <input type="checkbox"/> makes you laugh.              | <input type="checkbox"/> has all the latest video games.         |
| <input type="checkbox"/> never argues with you.        | <input type="checkbox"/> doesn't talk about you to other people. |
| <input type="checkbox"/> is somebody you can trust.    | <input type="checkbox"/> is a good listener.                     |
| <input type="checkbox"/> doesn't tell your secrets.    | <input type="checkbox"/> always tells you the truth.             |
| <input type="checkbox"/> listens to all your problems. | <input type="checkbox"/> never forgets your birthday.            |

2  1.4 Listen and write the question words.

### My best friend!

- \_\_\_\_\_ is your best friend, Dylan?  
*It's Luke!*
- \_\_\_\_\_ often do you see each other?  
*We see each other once a week.*
- \_\_\_\_\_ do you usually meet?  
*We meet at the weekend.*
- \_\_\_\_\_ do you hang out together?  
*We hang out at my house.*
- \_\_\_\_\_ do you eat and drink?  
*We eat pizza and drink fruit juice.*
- \_\_\_\_\_ games do you play?  
*We play football, chess and video games.*
- \_\_\_\_\_ is your favourite music?  
*We like pop music.*
- \_\_\_\_\_ do you like your friend?  
*I like him because he's really funny.*



### Grammar

Who, What, When, Where,  
Which, Why, How

3  Ask a classmate about his or her best friend.

### 1 Read and categorise the words.

athletic curly dark fair freckles funny heavy lazy long outgoing  
pale short shy straight talkative tall tanned thin wavy

Body type	Complexion	Hair	Personality

### 2 Complete the table about your best friend. Draw a picture.

My best friend	
Name	
Appearance	
Personality	



### Grammar

She's tall. She's shy.  
She's got dark, curly hair.

### 3 Complete the sentences about your friend.

1. My friend is \_\_\_\_\_.
2. He's / She's got \_\_\_\_\_.
3. I like my friend because he / she \_\_\_\_\_.



More practice

# Unit 1

## Lesson 3

1 Read the blog and number the pictures.

### World Friends Exchange Blog

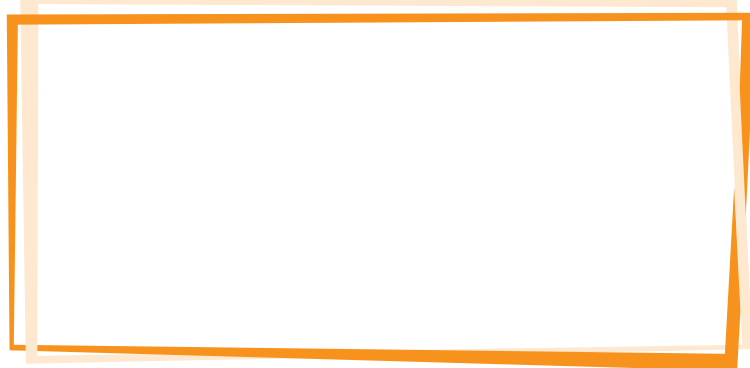
#### The website for long-distance friends!

Hi,  
What are you doing now? Send me a picture  
and let me know! *Emily*

1. Hi, Emily. I'm playing chess with my friend.  
She's beating me! *Alessandro*
2. I'm in the garden with my brother. We're washing  
our dog. He's helping me. *James*
3. I'm not doing my homework! I'm hanging out with  
my friends. We're dancing! *Alyssa*
4. I'm trying to play my guitar. I can't do it! *Jared*
5. Hi, Emily. I'm reading my text messages. But what  
are you doing? *Sophia*
6. Hi, Sophia. I'm sitting at my computer reading the  
great messages from all of you! *Emily*



2 Write your own message. Draw a picture.



### Grammar

What **are** you **doing**?  
I'm **playing** chess with my friend.  
I'm **not doing** my homework!

3 1.5 Listen to the sounds. Say what is happening.

I think they're playing  
football.

I think they're playing  
basketball.

# 1 Read and number.

**SCHOOLWEB**

Hi there!  
My name's Ricardo, but my friends call me Ricky. I'm on a school exchange trip in Canada. Have a look at my photos!

☐

☐

☐

☐

☐

- I usually wear trainers to school, but today I'm wearing snow boots!
- I usually play football after school in the park, but here I'm playing hockey.
- I often have fruit and eggs for breakfast, but this morning I'm having toast!
- I often go to the beach at the weekend, but today we're making a snowman!

## Grammar

I **usually wear** trainers to school, **but** today I'm **wearing** snow boots!

# 2 Write about the people.

person	usually	today
Eric	watch TV in the evening	visit his friend
Cary	ride a horse	ride a bicycle
My grandmother	eat cake in the afternoon	eat pizza
We	have school on Fridays	go to the mountains

- Eric usually watches TV in the evening, but today he's visiting his friend.
- 
- 
- 

# 3 Write sentences about you.



# THE TIME EXPLORERS

## Part 1

Hi Jack. How R U? I have something to show U. It's a present! Want 2 C it? Emily

Jack looks at the books and magazines on his bedroom floor. Then he looks at his computer and all his computer games. Finally, he looks out of the window. It's another cloudy day. And he's bored. Bored, bored, bored! He wants to do something, something different, something exciting... but what? He hears a beep. It's his mobile phone. Maybe there's an interesting message!

Jack smiles. This could be fun. But why does Emily have a present? It isn't her birthday. He writes a message and sends it.

What is it?

Her reply says:

W8 and C. Meet me at the corner.

Ten minutes later, Jack is outside and waiting for Emily. He's wearing a jacket, but he still feels cold. Then he sees her.

'Hi, Jack!' Emily is carrying a strange metal object. It's a stick with a flat dish on the end of it. It looks old and... well, a bit silly.

'What's that?' asks Jack. 'Is that your present?'

'Yes, it is,' says Emily. 'It's a metal detector. It was my dad's. I found it in the garage and he gave it to me.'

'It looks strange. What does it do?' Jack asks.

'It finds metal. We can find old things from the past!'

Jack isn't impressed.



**1** **1.6** Read and listen to the story.

**2** Read and circle true (T) or false (F).

1. Jack doesn't know what to do.
2. He gets a phone call from Emily.
3. It's Emily's birthday.
4. The metal detector was a gift from Emily's brother.
5. The metal detector was in the garage.
6. Jack thinks the metal detector is great.

T / F

T / F

T / F

T / F

T / F

T / F



'Come on,' she says. 'Let's go and find something amazing!' Emily turns and starts walking quickly towards the river.

Jack follows Emily to the river. There's an old house, a wall and lots of weeds and bushes. Jack looks at the boats on the cold water. But Emily isn't looking at the boats. She's looking at the ground.

'Where do you want to start?' she asks.

Jack shrugs. Emily turns on the metal detector and it makes a buzzing noise. Then she walks around slowly. After a few minutes, the metal detector makes a strange high noise.

'Listen!' she says excitedly. 'Come here and start digging, Jack!'

Jack shakes his head, takes the small shovel and starts digging. Five minutes later he finds a metal object. It's an old tin can!

After that, they find three more cans, two parts of a bike and a toy car. Jack wants to stop. But then he hits something hard. He digs up a dirty metal helmet.

'Is it a bicycle helmet?' he asks.

'No. It's really old,' Emily replies.

'How old?' he asks.

'A hundred years? A thousand?'

Jack laughs and puts on the helmet. 'I'm a soldier!' he says. Then he jumps onto the wall. 'I'm a medieval knight!'

'Be careful, Jack,' says Emily.

Jack laughs again. But then he falls off the wall and hits his head with a bang.

Jack looks up at the blue sky. He can see a beautiful red and white sail above him. A sail? Where is he? He turns his head and looks around. Emily isn't there. The wall isn't there. The river isn't there. He's on a boat in the middle of the sea!

**1**  **1.7** Read and listen to the story.

**2** Read and order.

☐ They find an old metal helmet.

☐ Jack sees a red and white sail.


☐ Jack puts on the helmet.

☐ Emily switches on the metal detector.

☐ Jack falls off the wall.

# Unit 1

## Lesson 7


1  1.8 Listen and number the words.



2 Act out the words.

He's talking quietly.

She's talking quickly.

3  1.9 Listen, read and circle.

### The friends song

Charlie's smiling happily / nervously,

He has some brand new skates.

Sara's running slowly / quickly,

She's always very late!

Jake is eating hungrily / loudly,

He takes another bite.

Grace is reading quietly / sleepily,

She didn't sleep all night!

Steven's talking sadly / politely,

He's got a school exam.

Lisa's singing angrily / loudly,

She's the singer in a band.

(chorus)

But what about your friends?

Tell me about your friends!

Tell me what your friends

Are doing right now!

### Grammar

You're singing happily.  
Are you walking slowly?

4  1.10 Listen and sing.





1  1.11 Listen and sing.

 **We're opposites!**


I like apples, but she likes **pears**.  
My **hair**'s black, but hers is **fair**.  
We're opposites! Just opposites!

She does strange things, but I don't **dare**.  
When I say 'Stand,' she sits on a **chair**.  
We're opposites! Just opposites!

I love tigers, but she loves **bears**.  
I take the lift, but she takes the **stairs**.  
We're opposites! Just opposites!

When I draw a circle, she draws a **square**.  
When I get stressed, she doesn't **care**.  
We're opposites! Just opposites!



2  1.12 Listen and complete the words with **-air**, **-are** or **-ear**.







1 Read and circle true (T), false (F) or don't know (DK).

## Children and the Internet

A recent study has found that 70 percent of children use the Internet regularly. Of these children...

- 83 percent surf the web at home.
- 30 percent surf the web at school.
- 7 percent surf the web at a café or a library.
- 11 percent have Internet access in their bedrooms.
- 17 percent of children aren't supervised by their parents.
- 79 percent of children play games online.
- 35 percent watch videos.
- 33 percent use the web for help with their homework.
- 31 percent listen to music.



1. Not many children use the Internet.
2. Most children that use the Internet do it at home.
3. A lot of schools have Internet access.
4. More adults than children play games online.
5. A third of children use the Internet for their homework.

T / F / DK

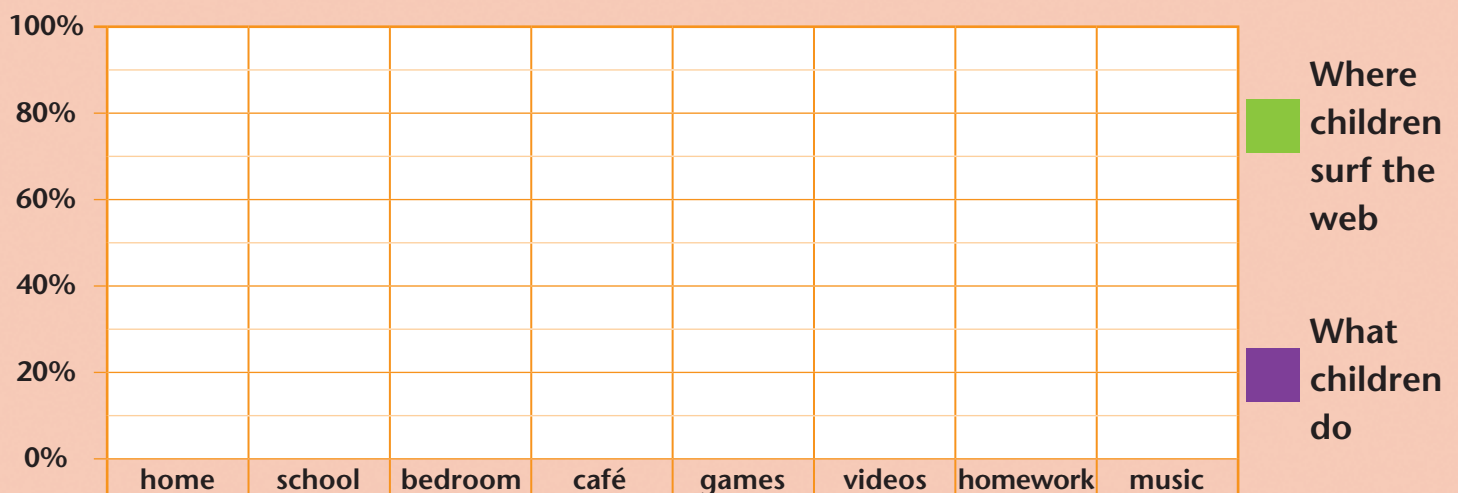
T / F / DK

T / F / DK

T / F / DK

T / F / DK

2 Colour the graph to show the percentages.



# Friendship day



Unit 1  
Lesson 10

Culture

1 1.13 Read, listen and complete.

Friends are very important in our lives; they are like members of our \_\_\_\_\_. Friendship Day is celebrated in many countries on the \_\_\_\_\_ Sunday in \_\_\_\_\_. It is a great way to show your \_\_\_\_\_ that you care and to remember happy moments together.

\_\_\_\_\_ friends are hard to find, so make sure you tell them how much they mean to you. Some of the friends that you have now might still be your friends when you are \_\_\_\_\_!

The \_\_\_\_\_ is a great way to stay in \_\_\_\_\_ with all your friends and also to find friends from your past.



2 Read, tick (✓) and say what kind of friend you are. Ask a classmate.


Type A	Type B	Type C
I never share my things with anyone. <input type="checkbox"/>	I share my things when my friends share with me. <input type="checkbox"/>	I always share my things. <input type="checkbox"/>
I prefer to be alone. <input type="checkbox"/>	I enjoy playing with my friends, they make me laugh. <input type="checkbox"/>	I like to make my friends happy and make them laugh. I love playing with all my friends. <input type="checkbox"/>
I don't usually give compliments. <input type="checkbox"/>	I often give compliments. <input type="checkbox"/>	I always think of nice things to say. <input type="checkbox"/>
I like to talk; I am not interested in what other people say. <input type="checkbox"/>	I look at my friends when they talk but I prefer talking to listening. <input type="checkbox"/>	I listen to my friends and ask them questions. I take turns to talk and listen. <input type="checkbox"/>
I like people who give me presents. <input type="checkbox"/>	I like to get and give presents. <input type="checkbox"/>	I like to make things for my friends and give them special presents. <input type="checkbox"/>

Mostly A's - You're not a good friend. Mostly B's - You're a good friend. Mostly C's - You're a great friend.

3 Make a Friendship day card for someone special.




# Unit 1 Review


1  1.14 Listen and complete.

how what when where which who why

1. \_\_\_\_\_ is your best friend?
2. \_\_\_\_\_ do you like your friend?
3. \_\_\_\_\_ often do you meet?
4. \_\_\_\_\_ do you meet?
5. \_\_\_\_\_ do you do together?
6. \_\_\_\_\_ do you play?
7. \_\_\_\_\_ music do you play?

2  1.15 Listen and answer the questions.

1. \_\_\_\_\_ (Sarah)
2. \_\_\_\_\_ (happy / intelligent / funny)
3. \_\_\_\_\_ (twice a week)
4. \_\_\_\_\_ (Tuesday / Friday evenings)
5. \_\_\_\_\_ (orchestra)
6. \_\_\_\_\_ (village hall)
7. \_\_\_\_\_ (jazz / classical)

3  Describe the people in the pictures.

## Verbs


read walk run  
sing play talk

## Adverbs

quietly happily loudly  
slowly sadly quickly



# Unit 1 Review

4  Match the questions and answers.

1. What are you studying in English class?

2. How often do you go swimming?

3. What do you usually have for breakfast?

4. What are you reading at the moment?

5. What do you do with your friends?

6. What is your family doing now?

☐

I'm reading a Batman comic.

☐

We play football and computer games.

☐

I go once a week.

☐


Mum's working and Dad's shopping.

☐

We're studying adverbs.

☐

I have fruit and cereal.

5  Write sentences about Valeria.

## Valeria's typical Sunday



## Today, Sunday

9:00 am - go swimming

11:00 am - play football

1:00 pm - surf the Internet

3:00 pm - visit her grandparents

5:00 pm - watch a film

7:00 pm - play the piano

1. Valeria usually plays football at nine o'clock, but today she's going swimming.

2.

3.

4.

5.

6.